



THE BURNT CHEF
PROJECT

The Burnt Chef Project challenges mental health stigma whilst educating and supporting individuals and businesses within the hospitality ecosystem

84% experienced mental health issues within their career



46% would feel uncomfortable talking about their concerns

We're here to change that...



SCAN ME



WWW.THEBURNTCHEFPROJECT.COM
FOLLOW ON SOCIAL MEDIA



FK STIGMA

THE BURNT CHEF
PROJECT

WE'RE PROUD TO SHARE THAT IN JUST
THE LAST 3 YEARS WE HAVE...

OVER
20,500

HEALTH AND WELLBEING MODULES
COMPLETED FOR **FREE** BY WORLDWIDE
HOSPITALITY PROFESSIONALS VIA THE
BURNT CHEF ACADEMY



170

TRAINED GLOBAL PEER
SUPPORT NETWORK
AMBASSADORS

MORE THAN

3,700

STUDENTS TRAINED FOR **FREE** IN
MENTAL HEALTH AWARENESS AND
STRESS REDUCTION ACROSS **103**
CULINARY COLLEGES

HELD

7,943

CONVERSATIONS &
PROVIDED **FREE** MENTAL
HEALTH SUPPORT AROUND
THE CLOCK



...AND WE'RE JUST GETTING STARTED!

THINK YOU KNOW THE BURNT CHEF PROJECT?

THINK AGAIN...

OUR SERVICES

AWARENESS



[The Burnt Chef Shop](#)



[The Burnt Chef Podcast](#)



[International Ambassadors](#)



[Free College Talks](#)



[Annual](#)

EDUCATION



[Apprenticeships](#)



[The Burnt Chef Academy](#)



[Hospitality Mental Health & Resilience Training](#)



[Mental Health First Aid](#)



[Suicide First Aid Training](#)



[Menopause for Managers](#)

SUPPORT



[The Burnt Chef Support Service](#)



[International Peer Support](#)



[Wellbeing & Therapy App](#)



[Global FAP and Trauma Support](#)



[Global Incident Support](#)

DATA



[Psychology Led Data Tool](#)



[Surveys](#)



[University and Whitepaper Reports](#)

FUNDRAISING



[All Year](#)



[The Burnt Chef London to Brighton September 2024](#)



[The Burnt Chef Sea to Summit September 2024](#)

PUT MENTAL HEALTH ON YOUR MENU



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SCAN ME



**“ BUT I’M
FIT AND
HEALTHY ”**

**IT’S EASY TO NEGLECT
OUR MENTAL
HEALTH.... REACH OUT
AND TALK TO US**

FOR FREE, CONFIDENTIAL
SUPPORT WHEN YOU NEED IT



TEXT

BURNTCHEF TO 85258



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