

THE BURNT CHEF PROIECT

The Burnt Chef Project challenges mental health stigma whilst educating and supporting individuals and businesses within the hospitality ecosystem

84%

experienced mental health issues within their career

46% would feel

uncomfortable talking about their concerns

We're here to change that...





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WE'RE PROUD TO SHARE THAT IN JUST THE LAST 3 YEARS WE HAVE...

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HEALTH AND WELLBEING MODULES COMPLETED FOR FREE BY WORLDWIDE HOSPITALITY PROFESSIONALS VIA THE BURNT CHEF ACADEMY



AMBASSADOR SCHEME

TRAINED GLOBAL PEER SUPPORT NETWORK AMBASSADOR

MORE THAN



7**.9**28

STUDENTS TRAINED FOR FREE IN MENTAL HEALTH AWARENESS AND STRESS REDUCTION ACROSS 103 CULINARY COLLEGES

HELD

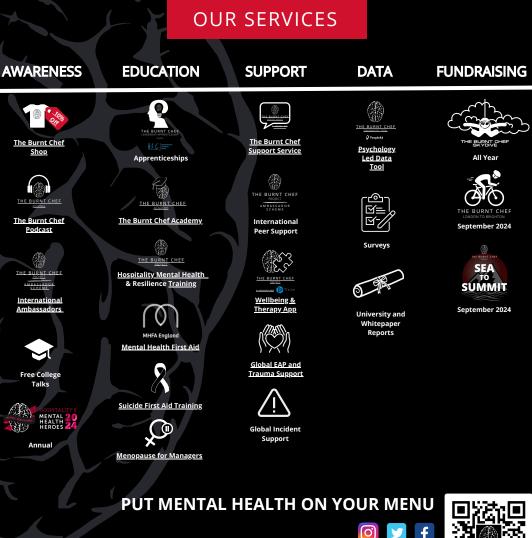
CONVERSATIONS & PROVIDED FREE MENTAL HEALTH SUPPORT AROUND THE CLOCK



...AND WE'RE JUST GETTING STARTED!

THINK YOU KNOW THE BURNT CHEF PROJECT?

THINK AGAIN...



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BUT I'M FIT AND HEALTHY

IT'S EASY TO NEGLECT OUR MENTAL HEALTH.... REACH OUT AND TALK TO US

FOR FREE, CONFIDENTIAL
SUPPORT WHEN YOU NEED IT

THE BURNT CHEP



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